**Example Itinerary for a day at Gortilea**

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| **Time** | **Element** | **Example Outcomes****(dependent of day farmer goals, needs and abilities)** |
| 9.30 | Welcome, introduction and briefingRefreshments | Literacy- listening, speaking |
| 10.00 | Activity oneHorticulturePlanningPlantingNurtureHarvestDevelop Saleable productsMarketing and sales plan | Numeracy- count, calculate, measure.Literacy- listen, speak, communicate, reason, problem solve, discussCitizenship- responsibility, respectPersonal, Social and health- physical activity, healthy eating, social interaction, improved mental and physical healthEconomic Well-being- team work, adding economic value, marketing, selling. |
| 11.00 | Activity twoCookingUsing harvested vegetables to make soupUsing harvested fruit to make fruit crumble | Numeracy- count, calculate, measureLiteracy- listen, speak, communicate, reason, problem solve, discussPersonal, Social and health- healthy eating, social interaction, food safetyEconomic Well-being- teamwork, adding economic value, marketing and selling |
| 12.00 | Lunch | Personal, Social and health- social interaction, satisfaction of eating what they grew. |
| 12.45 | Activity threeAnimal husbandryLooking after animals- feeding, cleaning sheep, cows and horses.Going to market with animals | Literacy- listen, speak, communicate, reason, problem solve, discussPersonal, Social and health- physical activity, improved mental and physical health, social interaction.Economic well-being- teamwork, adding economic value, marketing, selling |
| 13.45 | Activity fourRural Crafts- create beautiful decorations using willow, wood, flowers and glass to sell in farm shop. | Numeracy- countLiteracy- listen, speak, communicate, reason, problem solve, discussPersonal, Social and health- social interactionEconomic Well-being- teamwork, adding economic value, marketing and selling. |
| 14.45 | De briefRehearse outcomes achieved, plan next visit |  |

* We provide be-spoke programmes in request
* Itinerary’s will be tailored towards curriculum to meet individual/group needs.